

Ljubljana, 24. 1. 2023

CALL FOR TRAININGS FOR WHITE WATER RESCUERS - program C (ZVU-WWR-C), **season 2023**

Training for White Water Rescuers under program C is carried out by the Drowning Prevention Institute-ZVU. ZVU is officially authorized training provider for WWR program C trainings in Slovenia.

The training manager is Urban Herzog. Instructors Gašper Babnik, Jože Biro, Samo Leštan, Urban Herzog,
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phone: 00 386 41 457 418

The price of the training in season 2023 is 580,00 €.

The Drowning Prevention Institute is no longer liable for VAT in season 2023 due to the reduced volume of work in the last three seasons. The seat of ZVU has also been changed. The new address is Janka Puclja 1, 4000 Kranj.

The training will take place at selected locations in the Kayaking Center in Solkan on the Soča River and other rivers in Bovec and Upper Soča valley. ZVU reserves the right to change the dates, places and locations of the training. ZVU reserves the right to change the dates, places and locations of training.

TRAINING DATES IN **SEASON 2023**

On the next page, there is a table showing the dates of first aid training at the Red Cross of the Republic of Slovenia (in continuation FA RCS) and the dates of training for white water rescuers conducted by ZVU. What is new this season is that the Administration for Civil Protection and Disaster Relief (URSZR) requires that candidates applying for trainings and exams have successfully passed the FA RCS and a medical examination for water rescuers before applying.

For this reason, the dates of FA RCS trainings are also published beside the dates for ZVU-WWR-C trainings, but they must also be checked on the RCS website, as there may be changes.

DATES FIRST AID COURSES RED CROSS SLOVENIA FEBRUAR, MARCH 2023				DATES FIRST AID COURSES RED CROSS SLOVENIA MAY, JUNE 2023			
FEBRUAR				MAJ			
COURSE: Wednesday	15.2.2023	till Thursday	16.2.2023	COURSE: Wednesday	10.5.2023	till Thursday	11.5.2023
EXAM: Wednesday	22.2.2023			EXAM Wednesday	17.5.2023		
MAREC				JUNIJ			
COURSE: Wednesday	15.3.2023	do četrta	16.3.2023	COURSE: Wednesday	7.6.2023	till Thursday	8.6.2023
EXAM: Wednesday	22.3.2023			EXAM: Wednesday	14.6.2023		
COURSE DATES WWR-ZVU-RDV-C, SEASON 2023				COURSE DATES WWR-ZVU-RDV-C, SEASON 2023			
APRIL				JUNE			
APRIL, the course is divided in two parts (3+4 days) + 1 day EXAM				JUNE, the course is divided in two parts (3+4 days) + 1 day EXAM			
1. PART: Friday	31.3.2023	till Sunday	2.4.2023	1. PART: Friday	9.6.2023	till Sunday	11.6.2023
2. PART: Friday	7.4.2023	till Monday	10.4.2023	2. PART: Thursday	15.6.2023	till Sunday	18.6.2023
EXAM: Tuesday	11.4.2023			EXAM: Monday	19.6.2023		
DATES FIRST AID COURSES RED CROSS SLOVENIA MAY, JUNE 2023				DATES FIRST AID COURSES RED CROSS SLOVENIA MAY, JUNE 2023			
APRIL				JUNE			
COURSE: Wednesday	12.4.2023	till Thursday	13.4.2023	COURSE: Wednesday	7.6.2023	till Thursday	8.6.2023
EXAM: Wednesday	19.4.2023			EXAM: Wednesday	14.6.2023		
DATES FOR SEPTEMBER ARE NOT KNOWN YET				DATES FOR SEPTEMBER ARE NOT KNOWN YET			
COURSE DATES WWR-ZVU-RDV-C, SEASON 2023				COURSE DATES WWR-ZVU-RDV-C, SEASON 2023			
MAY				SEPTEMBER			
MAY, the course is divided in two parts (3+4 days) + 1 day EXAM				SEPTEMBER, the course is divided in two parts (3+4 days) + 1 day EXAM			
1. PART: Friday	5.5.2023	till Sunday	7.5.2023	1. PART: Friday	15.9.2023	till Sunday	17.9.2023
2. PART: Thursday	11.5.2023	till Sunday	14.5.2023	2. PART: Thursday	21.9.2023	till Sunday	24.9.2023
EXAM: Monday	15.5.2023			EXAM: Monday	25.9.2023		

WILDWATER RESCUE SYSTEM IN THE REPUBLIC OF SLOVENIA (RS)

INTERPRETATION OF TERMS AND ACRONYMS



NATIONAL PROGRAM IN THE REPUBLIC OF SLOVENIA: WILD WATER RESCUER - PROGRAM C (license C)
A valid C license is required when performing guide activity on wild waters in the Republic of Slovenia (rafting, canyoning, kayaking, etc.)

Acronym: **WWR-C**



ADMINISTRATION OF THE RS FOR CIVIL PROTECTION AND DISASTER RELIEF- URSZR

- The umbrella governmental organization in the Republic of Slovenia which is responsible for regulating the field of water rescue
- Slovenian acronym: **URSZR** (URSZR operates within the Ministry of Defense of the Republic of Slovenia)



DROWNING PREVENTION INSTITUTE - ZVU

- Official authorized provider of training for wild water rescuers (WWR-C) in the Republic of Slovenia
- Slovenian acronym: **ZVU**



SLOVENIAN RED CROSS - SRC

- An official organization that conducts first aid training in the Republic of Slovenia and issues certificates of competence for water rescuers (lifeguards)
- Slovenian acronym: **RKS**



DOCTOR SPECIALIST OF OCCUPATIONAL, TRAFFIC AND SPORTS MEDICINE

It conducts examinations and issues medical certificates for water rescuers (lifeguards)

YOU CAN CHOOSE A DOCTOR IN SLOVENIA BY YOURSELF

PROCEDURE FOR OBTAINING A LICENSE FOR A WHITE WATER RESCUERS UNDER PROGRAM C (WWR-C). The candidate must meet the following conditions:

1.

SUCCESSFULLY COMPLETE TRAINING FOR WWR-C

The training is provided by URSZR-authorized contractors (ZVU)

AND

SUCCESSFULLY PASS THE WWR-C EXAM

The exam is conducted by the URSZR

It is necessary to register for the exam at the same time as registering for the WWR-C training!

BEFORE THE APPLICATION FOR WWR-C TRAINING AND WWR-C EXAM, THE CANDIDATE MUST OBTAIN:

2.

MEDICAL CERTIFICATE FOR WATER RESCUERS

The examination is performed by a doctor specialist of occupational, traffic and sports medicine.

IN

CERTIFICATE OF FIRST AID QUALIFICATION FOR WATER RESCUERS (lifeguards)

Provider Slovenian Red Cross (SRC)

3. LICENSE ISSURANCE (license issued by URSZR)

The license is issued to the candidate when he meets all the conditions and submits all the necessary documentation to the URSZR. The license is valid for 3 years and is counted from the day of successfully passing the WWR-C exam.

3.

DOCUMENTATION:

1. certificate of appropriate education (at least vocational secondary school - IV. level);
2. a digital photo of the candidate (like for documents) for the card;
3. SRC certificate of FA for water rescuers (lifeguards);
4. medical certificate for water rescuers (lifeguards)

WHAT YOU NEED TO KNOW TO APPLY FOR ZVU-WWR-C TRAINING

(Simultaneously with the application for ZVU-WWR-C training, it is necessary to apply for the WWR-C exam at the URSZR as well.)

APPLICATION CONDITIONS FOR THE TRAINING:

- completed age 18 years over 18 years of age
- completed first aid course for water rescuers at the Red Cross of Slovenia
- medical certificate for water rescuers, issued by a specialist in transport and sports medicine in the Republic of Slovenia

CONDITIONS FOR PARTICIPATION AT THE TRAINING :

- personally signed Application Form
- personally signed Consent for the processing and use of personal data
- registration fee paid before the training
- successfully passed swimming test
- all mandatory personal equipment

CONDITIONS for SUCCESSFUL COMPLETION OF THE TRAINING:

- 100% PRESENCE
- POSITIVE OVERALL EVALUATION OF DAILY EVALUATIONS

THE
SWIMMING
TEST
Standard:
200 m in a
maximum of
4 minutes
25 m under
water

MANDATORY PERSONAL EQUIPMENT

1. Suitable water clothing (neoprene or dry suit) warm enough for use in cold water and a head covering to protect the head from heat loss. We recommend a 5mm wetsuit with an integrated neoprene hood or a dry suit with a neoprene hood.
2. Footwear: special shoes for canyoning or kayaking with strong soles. In the worst case, sneakers or light low trekking shoes can also be used. Both must have a strong sole and rubber that does not slide in the wet.
3. Neoprene socks. The best thickness is 3 to 5 mm
4. Helmet for water sports (certified EN 1385), mountaineering helmets are not suitable.
5. Personal Floatation Device – PFD (lifejacket) of the appropriate size with a quick release system. The PFD should have large pockets in which you can put all the technical equipment (Carabiners, webbing, pulleys, Prussik loops, folding knife...)
6. Cowtail on a stainless steel ring with large HMS locking carabiner.
7. Knife for use in water (folding or fixed blade).
8. Whistle for use in wet conditions.
9. A water rescue rope, at least 18 m long (we recommend a length of 18 to 25 m). The rope must be as strong as possible, and it must be made of a sheath and a core, which allows it to be used for rope techniques as well.
10. Water rescue rope carrying belt. It can also be a system where the sleeve for carrying the rope is fixed to the belt (more universal).
11. 4 x pear-shaped (HMS) Carabiners with locking mechanism (recommended key lock closing mechanism) and CE/UIAA certificate.
12. 3 x prussic minding (bell-shaped) pulley with flexible side plates. Pulleys must have a metal sheave mounted on sealed ball bearings for the best possible efficiency. Pulleys must also have as high as possible load capacity.
13. 2 x prussic loops made of 6 mm accessory cord (Prussic), the cord should be CE/UIAA certified. Loops should be made with double fisherman knot. First loop inner length should be 70 cm and second loop inner length should be between 55 to 57 cm.
14. 8 m of tubular tape - webbing (for climbing - alpinism) with CE/UIAA certificate and load capacity min. 15 kN.
15. 4 m of 6 to 8 mm diameter accessory cord that will be used to practice knots. The cord does not have to be certified, but it is best that it is also the same accessory cord like for prussik loops.
16. Pen and notebook.
17. 3 x AA batteries

HOW TO APPLY FOR TRAINING FOR WILD WATER RESCUERS (ZVU-WWR-C), PROVIDED BY THE DROWNING PREVENTION INSTITUTE-ZVU?

YOU CAN OBTAIN THE APPLICATION FORM, CONSENT FOR THE PROCESSING AND USE OF PERSONAL DATA AND ALL OTHER INFORMATION ABOUT ZVU-WWR-C TRAINING ON THE FOLLOWING WEB LINK:

<https://www.voda-resevanje.si/program-c>

At ZVU e-mail address

urban.herzog@voda-resevanje.si

send personally signed Application Form, Consent for the processing and use of personal data, first aid certificate for water rescuers issued by Red Cross of Slovenia, and medical certificate issued by a specialist in occupational, transport and sports medicine in the Republic of Slovenia

ZVU sends you a registration fee invoice.

You pay the invoice and you receive an e-mail from ZVU confirming receipt of payment and confirmation of successful completion of the application process.

You will receive an email with detailed information about the start of the training no later than a day or two before the start of the training.

HOW TO APPLY FOR THE EXAM FOR WILD WATER RESCUERS (WWR-C), WHICH IS CONDUCTED BY THE ADMINISTRATION OF THE RS FOR CIVIL PROTECTION AND DISASTER RELIEF - URSZR?

THE APPLICATION FORM, CONSENT FOR THE PROCESSING AND USE OF PERSONAL DATA AND ALL OTHER INFORMATION ABOUT THE EXAMS AND EXAM DATES ARE OBTAINED ON THE FOLLOWING WEB LINK:

<https://www.gov.si/zbirke/storitve/preizkus-usposobljenosti-za-resevalce-iz-vode/>

To the URSZR e-mail address

izpit.resevalec@urszr.si

send a personally signed Application Form , Consent for the processing and use of personal data , FA SRC and medical certificate, proof of education and a digital photo to create a water rescuer card.

Register for the WWR-C exam at the same time as you register for the WWR-C training.

You pay the exam costs after the exam, when the URSZR issues you an invoice.

You will receive the license when you have submitted all the required documents to the URSZR and settled your financial obligations.