

Ljubljana, 15. 12. 2019

## **CALL FOR WHITE WATER RESCUERS TRAINING – program C SEASON 2020**

### **ATTENTION!**

**The call is updated in content FOR SEASON 2020, so we kindly ask you to read it carefully.**

White water rescuers training according to program C is carried out by the certified provider **Drowning Prevention Institute-ZVU**.

### **GENERAL INFORMATION**

Urban Herzog is the head of training.

The instructors providing the training are:

Jože Biro,  
Gašper Babnik,  
Samo Leštan,  
Urban Herzog.

The **Drowning Prevention Institute** plans to schedule four white water rescuers training terms according to the program C every year. **1<sup>st</sup> term at the end of March or at the beginning of April, 2<sup>nd</sup> term in May, 3<sup>rd</sup> term in June and 4<sup>th</sup> term in September or October.** The actual implementation of all trainings on the published dates depends on a sufficient number of applicants. If there will not be enough applicants, the training will be cancelled.

The minimum number of participants for the implementation of single training is 14 and the maximum number of participants in single training is 24.

Up to 24 candidates who will send complete applications will be accepted for training. The applications are to be sent by e-mail ([urban.herzog@voda-resevanje.si](mailto:urban.herzog@voda-resevanje.si)). **The first 24 candidates who will have sent complete applications will be accepted.** Candidates will be notified about successful application by e-mail.

**Pre-booking for available places in the training is not possible.**

**PRICE OF TRAINING is 483,61 € without VAT and 590,00€ with VAT included.**

The training program for white water rescuers comprises 80 teaching hours. The training lasts for 7 days and is divided into two parts (3 days + 4 days).

### **IMPORTANT!!!**

**THE APPLICATION FORM REQUIRES A HAND-WRITTEN SIGNATURE OF THE CANDIDATE!**

By signing the application, the candidate confirms:

1. that he or she is familiar and agrees with the entire content of the current call for white water rescuers training according to program C, carried out by the certified provider Drowning Prevention Institute.
2. That he or she is aware that water rescue, in particular, white water rescue, is a hazardous activity and that the candidate's participation in white water rescuers training according to program C is associated with a high level of risk, which means that injuries and ultimately death might occur during training.
3. That he or she shall strictly follow all instructions from the instructors in order to ensure that the highest level of safety is guaranteed.
4. That he or she is aware that due to the demanding level of the training, all the prescribed personal equipment must be brought to training, and this equipment must be in perfect condition; that he or she must get psychophysically well prepared, and that it is highly advisable to obtain as much experience as possible from the field of white waters prior to training.
5. That he or she is aware all the required exercises need to be completed in order to successfully pass the training, but he or she may always refuse to participate in an exercise for which he or she might

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[www.voda-resevanje.si](http://www.voda-resevanje.si); 00386 41 457 418

VAT No. SI38628007; Business registration No. 8209723000; IBAN: SI56 61000 0019480566; SWIFT: HDELSI22

not feel sufficiently competent. By refusing, he or she shall withdraw from further participation in training. In this case, the training provider shall not return the money.

6. That he or she is aware that the instructors have the right to prohibit further cooperation in training to any candidate who they consider to pose a threat in practical exercises to himself or herself and potentially to other participants including the instructors. In this case, the training provider shall not return the money.
7. That he or she is aware of the fact that during the time of the training, the certified provider Drowning Prevention Institute does not provide any health or accident insurance or any other kind of insurance. The candidates must have their own accident and / or health insurance arranged.

## INFORMATION ON THE CURRENT DATES OF TRAININGS

### 1. TRAININGS DATES

<b>DATES ZVU-WWR 2020</b>
<b>APRIL</b>
Friday 3.4.2020 till Sunday 5.4.2020
Thursday 9.4.2020 till Sunday 12.4.2020
<b>MAY</b>
Friday 8.5.2020 till Sunday 10.5.2020
Thursday 14.5.2020 till Sunday 17.5.2020
<b>MAY - JUNE</b>
Friday 29.5.2020 till Sunday 31.5.2020
Thursday 4.6.2020 till Sunday 7.6.2020
<b>SEPTEMBER</b>
Friday 18.9.2020 till Sunday 20.9.2020
Thursday 24.9.2020 till Sunday 27.9.2020

### 2. FRAMEWORK TRAINING PROGRAMME

The training is divided to:

- theoretical training of water search and rescue and,
- practical search and rescue exercises in flowing and wild water and rope technics

The training is divided into content sets, which will be carried out separately by days at the time of the training. The schedule of training by days within the announced dates depends mainly on the weather conditions, the water level of the Soča River and all other factors that could in any way affect the safety of participants and instructors in training.

#### Training schedule

For 6 days, the training will take place at the Solkan kayaking centre, and for one day, on the Soča River in Bovec.

Training generally takes place daily in time between 6:00 and 22:00 with a lunch break (1x possibly between 22:00 hours in the evening and 6:00 hours in the morning).

Content sets and the number of hours for each set are defined in the program – C.

The presented program is only indicative. The service provider reserves the right to make time adjustments, content substitutions and other adjustments within the program according to the water level, weather conditions and other objective reasons that affect the implementation of the training.

The participants are informed about the contents and changes of the schedule on an ongoing daily basis.

### **3. CONDITIONS FOR APPLICATION FOR TRAINING**

- **Minimum age of 18 years**
- **Medical examination**, on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.), carried out within the last 6 months
- **Successful testing of persons offering first aid** on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.)
- **Payment receipt for training**
- **At the beginning of the training, the candidate must submit a personal document to prove his or her identity.**

### **4. CONDITIONS FOR PARTICIPATION IN TRAINING**

- **Fulfilled all the above conditions for application for training**
- **Appropriate psychophysical fitness:**
  - Passing the prescribed medical examination of rescuers from water;
  - successfully passing the swimming ability and swimming skills test at the start of the training, which means:
    - swimming **200 m within 4:00 minutes time** (start from water with push-off from the edge of the pool);
    - swimming **25 m under water** (start from water with push-off from the edge of the pool).
- **Complete personal equipment for rescuers from water:**
  - White water clothing like 5 mm neoprene wetsuit with hood or drysuit and neoprene cap (we recommend wetsuit for easier swimming);
  - strong sports shoes with strong thick soles like running shoes, low trekking shoes or special canyoning shoes (**sandals, light kayak shoes or neoprene booties for rafting with thin soles are strictly forbidden**);
  - neoprene socks if you are using wetsuit;
  - helmet (kayak or climbing helmet) with a piece of duct tape on the front side where the name of the participant is written;
  - PFD (personal floating device or so-called life jacket) with a quick release system. You also need a cowtail with stainless steel ring on one end of the cowtail and big pear shaped (HMS) locking carabiner on the other end;
  - white water knife with a folding or fixed blade;
  - a whistle that works in wet conditions;
  - throwbag with special carrying belt (the throwbag is carried around the waist), minimum length of rope is 20 m;
  - 4 pear-shaped (HMS) carabiners with locking gate design and CE/UIAA certified. The best are those with a screwgate mechanism and key lock system;

- 8 m of 6 mm accessory cord (Prusic), cord should be CE/UIAA certified;
- 6 m of webbing tape, breaking strength minimum 15 kN and CE/UIAA certified;
- Nylon sling length of 170 to 180 cm (climbing anchor sling-loop) width min 1,5 cm and CE/UIAA certified;
- 3x AAA batteries;
- pen and notebook for theory notes.

#### **ATTENTION!**

- **The candidates that will not have the full personal equipment mentioned above upon the start of practical exercises will not be able to continue their training. In this case, we do not return the money.**
- **Candidates who fail to pass the swimming ability and swimming skills test cannot participate in the training. They will be reimbursed, except for the costs of the test (48,80 € VAT included).**

#### **5. CONDITIONS FOR SUCCESSFUL COMPLETION OF TRAINING**

- 100% attendance;
- successful completion of all tasks given in training;
- positive assessment of the candidate's participation in training

#### **6. HOW TO APPLY?**

Send the application via **e-mail** to the e-mail address [urban.herzog@voda-resevanje.si](mailto:urban.herzog@voda-resevanje.si)  
The closing date for applications is **3 days** prior to the start of training.

#### **A complete application shall contain:**

- **photo or scan of duly completed and hand-signed application;**
- **photo or scan of the certificate on completion of the prescribed medical examination for water rescuers and of the certificate on successful test of persons offering first aid;**
- **photo or scan of the training payment receipt.**

Further information on training can be obtained on:  
[urban.herzog@voda-resevanje.si](mailto:urban.herzog@voda-resevanje.si)  
Phone: 00 386 41 457 418

#### **7. HOW TO CANCEL THE APPLICATION?**

Send a notification on the cancellation to email address [urban.herzog@voda-resevanje.si](mailto:urban.herzog@voda-resevanje.si). The closing date for cancelling applications is **2 days** prior to the start of training.

A candidate who cancels the application on time shall be entitled to full reimbursement.

A candidate who misses the time for cancellation will be charged 61,00 € (VAT included) by the **Drowning Prevention Institute** for the incurred organization costs.

**Drowning Prevention Institute** reserves the right to change the dates and call off the training for objective reasons or due to insufficient number of candidates. The candidates that applied will be notified about all current changes regarding training by e-mail as soon as possible, or at the latest 1 day prior to the start of training.

#### **8. PRICE OF TRAINING AND METHOD OF PAYMENT**

The price of training is **483,61 € without VAT and 590,00€ with VAT included. Swimming ability and skills test is included in the price of training.** A candidate who does not pass the test is charged separately, and we return the remaining amount of money already paid up. The price of swimming ability and skills test is **48,80 € (VAT included).**

**Please send your application for by e-mail to [urban.herzog@voda-resevanje.si](mailto:urban.herzog@voda-resevanje.si) as jpg or pdf file. When we receive your application form we will send you the invoice.**

**The money for training is to be paid to the following account:**

Zavod za varstvo pred utopitvami,

Smrtnikova 4,

1000 Ljubljana,

IBAN: SI56 61000 0019480566 (Delavska hranilnica);

Swift: HDELSI22;

Purpose of payment: RDV + start date of training

Reference: 00 and the date of payment (DD/MM/YYYY).

**THE APPLICATION FORM MUST CLEARLY STATE THE INFORMATION ON THE PAYER.**

## 9. INTERPRETATION OF THE CONCEPTS:

**TRAINING** shall take place in the form of a course. Candidates get acquainted with all the theoretical and practical contents of the C program for white water rescuers. Practical exercises are an important part of the training program. The training is provided by the **Drowning Prevention Institute**.

**SWIMMING ABILITY AND SWIMMING SKILLS TEST** is a statutory test prescribed by the Rules on Water Rescue Personnel and must be passed by anyone who wishes to attend the training or the exam for white water rescuers under the program – C.

Test requirements are:

- swimming **200 m within 4:00 minutes time** (start from water with push-off from the edge of the pool);
- swimming **25 m under water** (start from water with push-off from the edge of the pool).

The test is carried out by the **Drowning Prevention Institute** as the service provider and it is organised in the swimming pool at the beginning of each training. It is not possible to pass the test at the exams.

**APTITUDE TEST (EXAM)** is within the competence of the Administration of the Republic of Slovenia for Civil Protection and Disaster Relief.

- **EXAM** - consists of the theoretical and practical part and is intended for everyone attending for the first time.  
**Conditions for application:**
  - have reached the age of majority (18 years),
  - have minimum secondary vocational education,
  - possess valid certificate of required medical examination (issued by specialist in occupational, traffic and sports medicine) on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.), carried out within the last 6 months
  - possess certificate of swimming and swimming ability test (performed by authorized providers prior to training commencement),
  - possess valid certificate of first aid test (performed by Slovenian Red Cross) on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.).**Candidates must also attach:**
  - photo (35 mm x 45 mm) for identification documents,
  - proof of payment
- **APTITUDE TEST (LICENSE)** - covers only the practical part and is performed only by those who wish to renew the license. Candidates must take this test, medical examination and first aid test **every 3 years**.  
**Conditions for application:**

- possess valid certificate of required medical examination (issued by specialist in occupational, traffic and sports medicine) on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.), carried out within the last 6 months
- possess valid certificate of first aid test (performed by Slovenian Red Cross) on the basis of the Rules on the Equipment and Means of Providing First Aid, Training and Testing Of Persons Offering First Aid, and Medical Examination of Rescuers from Water (Official Gazette of the Republic of Slovenia, no. 70/03 and 34/04 -corr.).

**IMPORTANT!!!**

**Application for training does not mean that you also applied for the exam.**

The aptitude tests (exams and exams for renewal of license) are organized and carried out by the Administration of the Republic of Slovenia for Civil Protection and Disaster Relief - Uprava RS za zaščito in reševanje, Vojkova cesta 61, 1000 Ljubljana.

Detailed information on the application (registration form), dates, conditions, programmes and rules is available on the website: <http://www.sos112.si/slo/page.php?src=os41.htm>

**We advise you to apply for the exam at the same time as for the training.**

**APPLICATION FORM FOR THE TRAINING (COURSE) IS ON THE NEXT PAGE ↓↓↓**

**WHITE WATER RESCUERS TRAINING APPLICATION – PROGRAM C**

**TRAINING DATE YOU ARE APPLYING FOR:** \_\_\_\_\_

**PLEASE WRITE IN CLEAR UPPER CASE WRITING.**

NAME AND LASTNAME	
DATE AND PLACE OF BIRTH	
ADRESS	
POST NUMBER AND CITY	
MOBILE NUMBER	
E-MAIL ADDRESS	

**FILL OUT IF YOU ARE THE PAYER**

ARE YOU A PRIVATE PAYER?	CIRCLE THE ANSWER	YES	NO
WRITE YOUR BILLING INFORMATION			

**FILL OUT IF YOU ARE A SOLE PROPRIETOR, OR YOUR TRAINING IS PAID BY A COMPANY**

ARE YOU A SOLE PROPRIETOR OR PAID BY A COMPANY?	CIRCLE THE ANSWER	YES	NO
BILLING INFORMATION			
COMPANY NAME AND ADDRESS			
CONTACT PERSON NAME AND LASTNAME			
CONTACT PERSON MOBILE PHONE			
CONTACT PERSON E-MAIL ADDRESS			
VAT REGISTERED	CIRCLE THE ANSWER	YES	NO
VAT NUMBER			
OR			
REGISTERED VAT NUMBER			

I, the undersigned, with my own handwritten signature, confirm:  
 that I apply for a White water rescuer training - program C, carried out by the Drowning Prevention Institute,  
 that I am acquainted with the conditions of applying and withdrawing,  
 that I am acquainted with all the conditions and information from the current call for the mentioned training.

Drowning Prevention Institute will use the said personal data only for the purpose of training and will protect them in accordance with the Personal Data Protection Act (Official Gazette of the Republic of Slovenia, No. 94/07).

Place and date:

Applicants Self-signed signature: